

To: Redwood Hockey Families

From: Redwood Hockey Player Development Team

Re: Dryland Off-Season Programs

04/12/11

We are pleased to announce the following two programs for players in our association:

- 1- The Sniper/Dangler Challenge
- 2-The 10,000 Puck Club

We've created these incentive programs to help motivate our players to become better puck handlers and shooters. In order for us to consistently field competitive teams, we must all work hard to ensure our players have every opportunity to improve and succeed. Both of these programs can be done at little to no cost. All you need is a net or tarp, pucks, tennis ball or smart ball, hockey stick, & gloves. Players can use space in the garage or driveway.

The reward for completing the Sniper/Dangler Challenge is a t-shirt. Players who enter the 10,000 Puck Club will get his/her name on a plaque to displayed at the arena. Both programs run from May1st- Sept. 1st.

Parents, these programs provide a great opportunity to teach your children lessons that go beyond the game of hockey.

1) **Hard Work.** They will have to work hard to improve and reach their fullest potential in everything they do.

2) **Goals.** Having a long term goal & working to achieve that goal are great lessons a child will always remember and carry with them.

3) **Honesty.** You can talk to your child about the importance of being honest and respecting the rules--even when no one is watching. You will sign off on your kid's log sheet to attest that everything is true.

Finally, a few tips:

- Have your child partner-up, or get into groups to help motivate each other.
- Hang up reminders on the fridge and in their room.
- We've created demonstration videos that can be viewed at [www.youtube.com/rvplayerdevelop](http://www.youtube.com/rvplayerdevelop). Make sure to watch them.
- HAVE FUN AND WORK HARD